# FORMATION

March-May 2024



#### Church of the City Family,

We are excited to continue our discipline of intentionally studying Scripture together as we practice the way of Jesus. It's our hope that this will allow us to pursue deep change through transformational discipleship.

All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness. 2 Timothy 3:16

We've provided this Formation Journal as a 5-day experience to develop habits that will transform your life and we've been intentional with its layout to provide opportunities for you to engage both with the biblical text, but also with God in prayer.

This Formation Journal is intended to be a companion to our COTC Daily which airs every Monday-Friday and provides supplemental devotional content from our pastors for each day's scripture passage. If you would like to subscribe to receive these devotionals, you can do so by texting COTCDAILY to 855-615-6150.

In this journal, we have provided a written devotional for Holy Week which is intended to help us prepare well for Easter, and then the COTC Daily returns on April 1st and we'll begin a study of the Fruit of the Spirit from Galatians 5:22-23.

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. Galatians 5:22-23

We can't wait to see what God will do in this season of our church.

VISION

To see the fame & deeds of God renewed & known in our time.

### MISSION

Practicing the way of Jesus.

### PRESENCE OF GOD

We pursue the presence of God through individual & communal spiritual practices.

Psalm 16:11 & John 15:9

### FORMATION OF PEOPLE

We pursue deep change through transformational discipleship focusing on growth & healing.

Romans 12:2 & 1 Peter 2:2

### UNITY OF THE CHURCH

We pursue the unity of the church family across racial, political, generational & economic divides.

Psalm 133 & Mark 11:17

### FLOURISHING OF THE CITY

We pursue the spiritual, social & cultural flourishing of our city.

Jeremiah 29:7 & 1 Timothy 6



"Lord, I have heard of your fame; I stand in awe of your deeds, Lord. Renew them in our day, in our time make them known; in wrath remember mercy."

HABAKKUK 3:2

# MONDAY | MARCH 25

# MATTHEW 21:1-22, MARK 11:1-19, LUKE 19:28-48, JOHN 12:12-19, JOHN 2:13-17

As we begin our journey, it should be noted that there's debate among biblical scholars about the exact sequence of events leading up to the crucifixion and resurrection of Jesus. But we do have enough information to help us grasp what this crucial week in his life would have looked like. During Holy Week, we'll spend some time reflecting on events that would ultimately change the course of history. In doing so, may we feel the weight of Jesus' obedience to his Father and the freedom bought for us.

Yesterday was Palm Sunday, marking the triumphal entry of Jesus into Jerusalem on the back of a donkey. The adoring public waved palm branches and shouted, "Hosanna! Blessed is he who comes in the name of the Lord!" In God's providence, the prophecy of Zechariah was fulfilled on that day. "Rejoice greatly, O daughter of Zion! Shout aloud, O daughter of Jerusalem! Behold, your king is coming to you; righteous and having salvation is he, humble and mounted on a donkey, on a colt, the foal of a donkey." Zechariah 9:9

Consider what Jesus must have felt, knowing that the same people waving palm branches in adoration would soon also shout for the release of a criminal and for his own crucifixion. The frailty and fickle nature of humanity would be on display that week and it plagues us to this day. But before we're quick to condemn the crowds in Jerusalem, it's worth asking how often we "praise our Lord and Father" one minute and then "curse those made in his likeness" the next? (James 3:9) May an awareness of our frailty produce gratitude in us for God's steadfast faithfulness to us.

After spending the night in Bethany, likely in the home of Mary, Martha, and Lazarus, Jesus returned to Jerusalem on Monday. During his journey, he stops to curse a fig tree that was bearing no fruit. As people following Jesus, it follows that our lives will bear fruit in keeping with the sanctifying work the Spirit is completing in us. Much like a fig tree with no figs, it should give us pause to see a person claiming to be a Jesus follower who bears no fruit. Being connected to the vine ensures we'll bear the fruit of that vine. (John 15:1-8)

Upon his arrival in Jerusalem, Jesus finds that money-changers have set up shop in the temple. In a display of righteous anger and indignation, Jesus overturns their temples and declares, "It is written, 'My house shall be a house of prayer,' but you have made it a den of robbers." Luke 19:46. Jesus was passionate about the purity of the temple. The temple was the place where people came to meet with God and Jesus took exception to it being treated with dishonor. Now that the presence of God indwells believers, we have become the temples. The zeal of God for the honor of his house remains.

Do you not know that you are God's temple and that God's Spirit dwells in you? ... For God's temple is holy, and you are that temple. I Corinthians 3:16-17

On Holy Monday, we see the passion of Jesus for bearing fruit and the holiness of God's temple. As you consider your own life, is there any area God is asking you to tend so that it will bear fruit? Are you zealous for God's temple (you... your life) the way your heavenly Father is?

Spend some time listening. Then journal a prayer of response.



# TUESDAY | MARCH 26

#### MATTHEW 21:23-24:51, MARK 11:20-13:37, LUKE 20:1-21:36, JOHN 12:20-38

On Tuesday morning we find Jesus and his disciples returning to Jerusalem. Greeting him there were the angry religious leaders who were offended that Jesus claimed to have spiritual authority. They made a plan to band together to confront and arrest Jesus but relented due to their fear of the crowds who were still amazed by him. The words of Jesus regarding these religious leaders were especially pointed and critical of their misuse of their power and authority. "Beware of the scribes, who like to walk around in long robes, and love greetings in the marketplaces and the best seats in the synagogues and the places of honor at feasts, who devour widows' houses and for a pretense make long prayers. They will receive the greater condemnation." Luke 20:46-47

Jesus cares greatly for the hearts of those who've dedicated their lives to ministry and who represent spiritual authority. Humility and service of others will be hallmarks of purity in spiritual leadership.

Jesus then left the city and went with his disciples to the Mount of Olives where he gave an extended teaching known as the Olivet Discourse. Speaking in parables, as was his custom, Jesus prophesied the destruction of Jerusalem, the latter days, and God's ultimate plan for Israel. By the accounts in all four gospels, Holy Tuesday was anything but serene. Jesus seemingly used every moment to not only rebuke religious leaders, but equip his disciples with what they'd need to know before the events of Friday unfolded. Though Jesus was not in a hurry, he certainly had an urgency to tell the truth, call out deception, awaken his followers, and adjust their perspectives from the temporal to the eternal.

Jesus knew what was waiting for him. He knew why he'd come to earth, and he'd spent three years preparing his disciples for these days. Perhaps this gives some context around the directive of Jesus to the people: "Therefore keep watch, because you do not know on what day your Lord will come. But understand this: If the owner of the house had known at what time of night the thief was coming, he would have kept watch and would not have let his house be broken into. So you also must be ready, because the Son of Man will come at an hour when you do not expect him." Matthew 24:42-44

This warning from Jesus is reiterated several times by New Testament writers and it has never been more urgent than it is for us today. As we prepare our hearts to celebrate what we know Sunday will bring, it's worth taking an inventory of our own souls to ensure we are ready when we see Jesus face to face.

Therefore, with minds that are alert and fully sober, set your hope on the grace to be brought to you when Jesus Christ is revealed at his coming. I Peter 1:13

On Holy Tuesday, we see Jesus ensuring his followers know the importance of readying themselves for his return. It's worth reflecting on your own readiness today. Ask the Holy Spirit if there is any relationship that needs repair, forgiveness, or reconciliation. Is there an area of your life that isn't alert and fully sober? Ask God for any next right steps he'd have you take.

Spend some time listening. Then journal a prayer of response.



### WEDNESDAY | MARCH 27

#### MATTHEW 26:14-16, MATTHEW 27:1-10

The Bible is fairly quiet about what the Wednesday of that week would have been like for Jesus. Being Passover week, many preparations were needed so Jerusalem and the surrounding areas would have been teeming with activity. Jesus and his disciples were staying in Bethany and their hosts would have had extensive planning, market visits, and cooking to accomplish. What must Jesus have been thinking while those around him buzzed here and there making preparations for the oldest and most revered celebration in Jewish culture?

Passover commemorates God's deliverance of his people from slavery in Egypt. When the Israelites were enslaved, and after nine other plagues giving Pharaoh the opportunity to repent, God sent the tenth and final punishment securing the release of his people. During this time, the Israelites were to kill a lamb or goat and spread its blood over the doorpost. This ensured that when the Angel of the Lord came, he would pass over them and their firstborn children would be spared. The Jewish people were instructed by God to forever commemorate their deliverance. And here was Jesus, making preparations for his last Passover celebration while knowing he was the ultimate Deliverer of all who would believe.

Jesus knew the hearts of everyone around him. He knew their struggles, their anxieties, their fears. He knew those devoted to following the one true God with all their hearts, and those simply going through the motions of tradition because it was all they knew. He was acquainted with the number of their days and he knew those who were groaning for the Messiah. On that Wednesday, Jesus likely prioritized rest, preparation, solitude, and time with his Father, preparing for the time that would soon come.

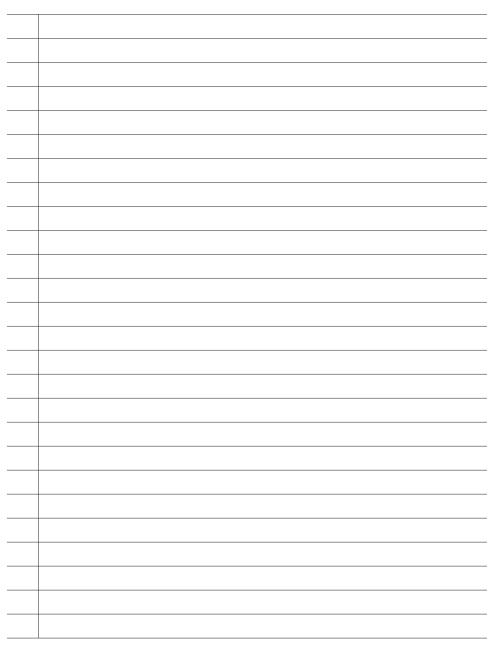
Many scholars believe that this would have also been the day that Judas Iscariot was likely meeting with religious leaders. This disciple who'd spent every moment with Jesus, beheld his miracles, heard every sermon, absorbed his wisdom, and received his care was plotting a way to hand Jesus over to the very people who were looking for a way to destroy him. How could he have seen Jesus heal the lame and the blind, cast out demons, calm the sea, and raise the dead and yet betray him? How do you spend time around God in human flesh all day every day and still end up not really understanding who he is and what it means for you?

We know from scripture that Satan was most certainly at work in the actions of Judas Iscariot. We also know that he was seized with remorse after his wickedness. But it's worth noting that even the other disciples didn't fully understand who Jesus was or what it meant for them.

After the death of Jesus, they were not only devastated but fearful and even hopeless. It was only when Jesus appeared to them after his resurrection and when the Holy Spirit came upon them at Pentecost that they began to fully understand who Jesus was and commit to telling everyone else the good news of the Gospel. As Peter said at Pentecost,

Jesus of Nazareth was a man accredited by God to you by miracles, wonders and signs, which God did among you through him, as you yourselves know. This man was handed over to you by God's deliberate plan and foreknowledge; and you, with the help of wicked men, put him to death by nailing him to the cross. But God raised him from the dead, freeing him from the agony of death, because it was impossible for death to keep its hold on him. Acts 2:22-24 This Holy Wednesday, let's continue to study, learn, and seek to understand who Jesus is and what he means for us. He is Redeemer, Justifier, Restorer, Healer, Repairer, Deliverer, Pardoner, and a host of other life-transforming truths. In what ways can you seek a deeper understanding of Jesus, the words of scripture, and the implications for your life?

Spend some time listening. Then journal a prayer of response.



# THURSDAY | MARCH 28

#### MATTHEW 26:17-75, MARK 14:12-72, LUKE 22:7-62, AND JOHN 13:1-38

On Thursday, Jesus sent Peter and John from Bethany to the Upper Room to make preparations for the Passover meal. Jesus no doubt felt the increasing weight of what obedience to his Father would require. Yet in a profound example of humility, he knelt to wash the feet of his own disciples before preparing to eat the meal. The upside down kingdom is on display in Jesus kneeling to serve those for whom it was necessary for him to die. They could not live apart from him, and yet he served them without regard for his position as their King.

Throughout the evening, Jesus spoke with his disciples about the significance of this meal. "I have been very eager to eat this Passover meal with you before my suffering begins. For I tell you now that I won't eat this meal again until its meaning is fulfilled in the Kingdom of God." Luke 22:15-16. In fact, Jesus would become the very fulfillment he spoke of. This is my body, broken for you. This cup is the new covenant in my blood which is poured out for the forgiveness of sins. The Lamb of God who takes away the sin of the world.

After sending Judas to do what was in his heart to do, Jesus concluded the meal with his disciples and journeyed to the Garden of Gethsemane where he would glorify his Father, plead with him, intercede for his people, and ultimately submit to his will. The prayer of Jesus for his people was a prayer for the unity of believers and their sanctification in truth. It would be a night of grief and lament, and the prayer of Jesus would conclude as a crowd approached him with swords and clubs, signifying the betrayal of Judas Iscariot. Jesus declared in that moment that darkness reigned.

Jesus was arrested and taken first to Annas and then the High Priest, Caiaphas, where a case was being built against Jesus. Multiple false witnesses came forward testifying against Jesus, but no evidence was found that would allow them to put him to death. After continued questioning, Jesus was finally asked if he was the Messiah, the Son of God. When he confirmed that what they'd said was true, they accused Jesus of blasphemy and began hitting him with their fists, spitting on him, and calling for his death.

As Jesus endured several unlawful trials, Peter, one of Jesus' closest disciples, would be outside in the courtyard denying three times that he even knew Jesus. A night that began surrounded by his disciples and sharing a meal would end in the physical abuse of Jesus and his desertion by all those closest to him as the religious leaders called for his death.

He was despised and rejected by men, a man of sorrows and acquainted with grief; and as one from whom men hide their faces he was despised, and we esteemed him not. Surely he has borne our griefs and carried our sorrows; yet we esteemed him stricken, smitten by God, and afflicted. Isaiah 53:3-4

On Maundy Thursday, we sit in sorrow over the betrayal and denial of Jesus. We recognize our own susceptibility to do the same when we're uncomfortable or pressed. We ask the Spirit to search our lives for any area where we unintentionally deny we know him. And we express our gratitude for the faithfulness of Jesus in bearing our griefs and carrying our sorrows.

Spend some time listening. Then journal a prayer of response.



# FRIDAY | MARCH 29

#### MATTHEW 27:1-62, MARK 15:1-47, LUKE 22:63-23:56, AND JOHN 18:28-19:37

Now known to us as Good Friday because of what was accomplished, that Friday over two thousand years ago would have felt anything but good. It dawned in fear for those who knew and loved Jesus and culminated in utter tragedy for them by day's end.

After beating Jesus and accusing him of blasphemy, Caiaphas turned Jesus over to Pilate who ultimately tried to leave Jesus' fate up to the people. He offered them Barabbas, a criminal who was under condemnation and whose guilt was certain, and he offered them Jesus, against whom there was no credible accusation. With the crowd whipped into a frenzy, they made their wishes known. Barabbas was released and as the crowd jeered, Jesus was sentenced to crucifixion as the King of the Jews.

But he was pierced for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his wounds we are healed. All we like sheep have gone astray; we have turned — every one — to his own way; and the Lord has laid on him the iniquity of us all. He was oppressed, and he was afflicted, yet he opened not his mouth; like a lamb that is led to the slaughter, and like a sheep that before its shearers is silent, so he opened not his mouth. By oppression and judgment he was taken away; and as for his generation, who considered that he was cut off out of the land of the living, stricken for the transgression of my people? And they made his grave with the wicked and with a rich man in his death, although he had done no violence, and there was no deceit in his mouth.

Yet it was the will of the Lord to crush him; he has put him to grief; when his soul makes an offering for guilt, he shall see his offspring; he shall prolong his days; the will of the Lord shall prosper in his hand. Out of the anguish of his soul he shall see and be satisfied; by his knowledge shall the righteous one, my servant, make many to be accounted righteous, and he shall bear their iniquities. Therefore I will divide him a portion with the many, and he shall divide the spoil with the strong, because he poured out his soul to death and was numbered with the transgressors; yet he bore the sin of many, and makes intercession for the transgressors. Isaiah 53:5-12

On Good Friday, we remember. We remember the journey of Jesus on our behalf. We remember his sorrow and suffering. We remember his humility and agony. We remember that he replaced us. He was our substitute. Our scapegoat. He spilled his blood for us because only perfect blood could cover us. And now we're clothed in his robes of righteousness by the grace of God. By the stripes of Jesus we are healed. Ask the Holy Spirit to restore the joy of your salvation today and increase your gratitude for the sacrifice of his Son. For a while on that Friday and Saturday, it seemed darkness had won. But Sunday was coming...

Spend some time listening. Then journal a prayer of response.



MONDAY   APRIL 1	O SCRIPTURE	O APPLICATION	MAIN TAKEAWAY:
I CORINTHIANS 13:1-8	O OBSERVATION	O PRAYER	
NOTES:			
			DAILY GRATITUDE:

TUESDAY   APRIL 2	O SCRIPTURE	O APPLICATION	MAIN TAKEAWAY:
I JOHN 4:7-12	O OBSERVATION	O PRAYER	
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WEDNESDAY   APRIL 3 John 14:15-24	O SCRIPTURE	O APPLICATION O PRAYER	MAIN TAKEAWAY:
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THURSDAY   APRIL 4	O SCRIPTURE O APPLICATION	MAIN TAKEAWAY:
I PETER 4:7-10	O OBSERVATION O PRAYER	
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FRIDAY   APRIL 5 OSCRIPTURE	O APPLICATION	MAIN TAKEAWAY:
COLOSSIANS 3:12-14 O OBSERVAT	ION O PRAYER	
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MONDAY   APRIL 8	O SCRIPTURE	O APPLICATION	MAIN TAKEAWAY:
PSALM 16	O OBSERVATION	O PRAYER	
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TUESDAY   APRIL 9 Hebrews 12:1-3	O SCRIPTURE	O APPLICATION	MAIN TAKEAWAY:
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WEDNESDAY   APRIL 10 OSCRIPTURE OAPPLICATION	MAIN TAKEAWAY:
JOHN 15:10-11 OBSERVATION OPRAYER	
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THURSDAY   APRIL 11O SCRIPTUREO APPLICATIONJAMES 1:1-8, 12O OBSERVATIONO PRAYER	MAIN TAKEAWAY:
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FRIDAY   APRIL 12 psalm 32	O SCRIPTURE	O APPLICATION	MAIN TAKEAWAY:
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MONDAY   APRIL 15 John 14:25-27	O SCRIPTURE	O APPLICATION O PRAYER	MAIN TAKEAWAY:
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TUESDAY   APRIL 16 Philippians 4:6-9	O SCRIPTURE	O APPLICATION	MAIN TAKEAWAY:
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WEDNESDAY   APRIL 17 OSCRIPTURE OAPPLICATI	ON MAIN TAKEAWAY:
JAMES 3:13-18 O OBSERVATION O PRAYER	
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THURSDAY   APRIL 18OSCRIPTUREOAPPLICATIONROMANS 12:9-16OOBSERVATIONOPRAYER	MAIN TAKEAWAY:
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FRIDAY   APRIL 19 Romans 14:13-19	O SCRIPTURE O	APPLICATION PRAYER	MAIN TAKEAWAY:
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MONDAY   APRIL 22	O SCRIPTURE	O APPLICATION	MAIN TAKEAWAY:
JAMES 5:7-11	O OBSERVATION	O PRAYER	
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			DAILY GRATITUDE:

TUESDAY   APRIL 23	O SCRIPTURE	OAPPLICATION	MAIN TAKEAWAY:
2 PETER 3:8-9	O OBSERVATION	O PRAYER	
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WEDNESDAY   APRIL 24	O SCRIPTURE	O APPLICATION	MAIN	TAKEAWAY:
PSALM 37:1-11	O OBSERVATION	O PRAYER		
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THURSDAY   APRIL 25 Romans 8:18-25	O SCRIPTURE	O APPLICATION O PRAYER	MAIN TAKEAWAY:
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FRIDAY   APRIL 26	O SCRIPTURE	OAPPLICATION	MAIN TAKEAWAY:
2 PETER 3:11-15	O OBSERVATION	O PRAYER	
NOTES:			
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MONDAY   APRIL 29 Ephesians 4:29-32	O SCRIPTURE	O APPLICATION	MAIN TAKEAWAY:
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TUESDAY   APRIL 30 Luke 6:27-31	O SCRIPTURE	O APPLICATION O PRAYER	MAIN TAKEAWAY:
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WEDNESDAY   MAY 1		APPLICATION	MAIN TAKEAWAY:
I JOHN 3:16-18	O OBSERVATION C	PRAYER	
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THURSDAY   MAY 2 MATTHEW 25:31-40	O SCRIPTURE	O APPLICATION	MAIN TAKEAWAY:
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FRIDAY   MAY 3	O SCRIPTURE	O APPLICATION	IIAM	N TAKEAWAY:
I TIMOTHY 6:17-19	O OBSERVATION	O PRAYER		
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MONDAY   MAY 6	O SCRIPTURE	OAPPLICATION	MAIN TAKEAWAY:
ROMANS 12:17-21	O OBSERVATION	O PRAYER	
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TUESDAY   MAY 7	O SCRIPTURE	OAPPLICATION	MAIN TAKEAWAY:
LUKE 6:32-36	O OBSERVATION	O PRAYER	
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WEDNESDAY   MAY 8		O APPLICATION	MAIN TAKEAWAY:
EPHESIANS 2:1-10	O OBSERVATION	O PRAYER	
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THURSDAY   MAY 9	O SCRIPTURE	O APPLICATION	MAIN TAKEAWAY:
GALATIANS 6:9-10	O OBSERVATION	O PRAYER	
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FRIDAY   MAY 10	O SCRIPTURE	OAPPLICATION	MAIN TAKEAWAY:
MATTHEW 5:14-16	O OBSERVATION	O PRAYER	
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MONDAY   MAY 13	O SCRIPTURE	OAPPLICATION	MAIN TAKEAWAY:
I CORINTHIANS 4:1-5	O OBSERVATION	O PRAYER	
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TUESDAY   MAY 14		O APPLICATION	MAIN TAKEAWAY:
ROMANS 1:8-17	O OBSERVATION	O PRAYER	
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I	O SCRIPTURE	O APPLICATION	MAIN TAKEAWAY:
I PETER 1:3-9	O OBSERVATION	O PRAYER	
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THURSDAY   MAY 16	O SCRIPTURE	OAPPLICATION	MAIN TAKEAWAY:
HEBREWS 11:1-3	O OBSERVATION	O PRAYER	
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FRIDAY   MAY 17			MAIN TAKEAWAY:
ROMANS 4:3-5	O OBSERVATION	O PRAYER	
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MONDAY   MAY 20	O SCRIPTURE	O APPLICATION	MAIN TAKEAWAY:
PHILIPPIANS 4:1-5	O OBSERVATION	O PRAYER	
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TUESDAY   MAY 21	O SCRIPTURE O APPLICATION	MAIN TAKEAWAY:
PROVERBS 15:1-4	O OBSERVATION O PRAYER	
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WEDNESDAY   MAY 22 TITUS 3:1-8	O SCRIPTURE	O APPLICATION O PRAYER	MAIN TAKEAWAY:
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THURSDAY   MAY 23	O SCRIPTURE	O APPLICATION	MAIN TAKEAWAY:
I PETER 3:8-17	O OBSERVATION	O PRAYER	
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FRIDAY   MAY 24	O SCRIPTURE	O APPLICATION	MAIN TAKEAWAY:
I TIMOTHY 6:6-12	O OBSERVATION	O PRAYER	
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MONDAY   MAY 27	O SCRIPTURE	O APPLICATION	MAIN TAKEAWAY:
TITUS 2:11-14	O OBSERVATION	O PRAYER	
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TUESDAY   MAY 28	O SCRIPTURE	O APPLICATION	MAIN TAKEAWAY:
PROVERBS 25:28	O OBSERVATION	O PRAYER	
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WEDNESDAY   MAY 29	O SCRIPTURE	O APPLICATION	MAIN TAKEAWAY:
JAMES 1:19-20	O OBSERVATION	O PRAYER	
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THURSDAY   MAY 30	O SCRIPTURE	O APPLICATION	MAIN TAKEAWAY:
I CORINTHIANS 9:24-27	O OBSERVATION	O PRAYER	
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FRIDAY   MAY 31	O SCRIPTURE	O APPLICATION	MAIN TAKEAWAY:
2 PETER 1:5-9	O OBSERVATION	O PRAYER	
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