

FORMATION

JUNE - SEPTEMBER 2023

CHURCH
OF THE CITY

VISION

To see the fame & deeds of God renewed & known in our time.

MISSION

Practicing the way of Jesus.

PRESENCE OF GOD

We pursue the presence of God through individual & communal spiritual practices.

Psalm 16:11 & John 15:9

FORMATION OF PEOPLE

We pursue deep change through transformational discipleship focusing on growth & healing.

Romans 12:2 & 1 Peter 2:2

UNITY OF THE CHURCH

We pursue the unity of the church family across racial, political, generational & economic divides.

Psalm 133 & Mark 11:17

FLOURISHING OF THE CITY

We pursue the spiritual, social & cultural flourishing of our city.

Jeremiah 29:7 & 1 Timothy 6



Church of the City Family,

We are thrilled to intentionally study Scripture together as we practice the way of Jesus. Whether this is your first time using this journal or you have been with us since the start—it is our hope that this will allow us to pursue deep change through transformational discipleship.

“Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.” Romans 12:2

We’ve provided this Formation Journal as a 7-day experience to develop habits that will transform your life and we’ve been intentional with its layout to provide participation options both daily and weekly.

On the following pages, you will find helpful information on how to use each section, along with prompts that may be helpful before you head into the daily and weekly sections of this journal. We suggest you spend time reading through the different ways we hope will maximize your time in the study of God’s Word.

We can’t wait to see what God will do in this season of our church.

“Lord, I have heard of your fame; I stand in awe of your deeds, Lord. Renew them in our day, in our time make them known; in wrath remember mercy.”

HABAKKUK 3:2

SUNDAY SERVICE PAGES

Space is provided for you to write down notes from each Sunday's sermon and our hope is for these notes to prompt you to continue in reflection throughout the week. Additionally this will give you an opportunity to share what stood out to you with your family, friends, community group, or CORE group.

Questions for reflection after Sunday's service:

Hear: What is God saying to me?

Obeys: What is He asking me to do?

When and who will I share this with?

SATURDAY PAGES

As you reflect on the past week, spend time in silence asking these questions:

What stood out to me the most this week?

Was there a consistent theme I noticed?

How have I experienced God this week?

What have I been praying for and have I received an answer to any of these prayers?

Is there anything I should confess or bring before God?

DAILY PAGES

Each week we have provided pages that are dedicated to daily devotionals. Monday through Friday, we will give a longer portion of Scripture to read through, but will also provide a suggested portion of that Scripture to soak in, observe, apply, and pray about. We will have corresponding video content from our Pastors that will match these days. If you would like to receive these videos daily in text form, text COTCDAILY to 855-615-6150.

When spending your time in the selected Scripture, we suggest that you use the acronym - "SOAP." Read below to learn more about this method.

SCRIPTURE

Read slowly and thoughtfully through the passage.

Pick a verse or two that stood out to you and write it in your journal.

OBSERVATION

Write some observations about these verses. What is this passage or verse saying?

What does it reveal about God? About people? How is Christ revealed in this passage?

APPLICATION

Write a few sentences on how these verses apply to your life. Is there a truth about God that you want to focus on? Is there a promise to receive and thank God for? Is the Holy Spirit convicting you of something you need to do or stop doing in light of God's truth?

PRAYER

Write out a prayer to God in response to this Scripture. This is a way to turn God's Word to you back to Him. Be honest and express your heart to Him.

SUNDAY, JUNE 4

Notes:

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

MONDAY, JUNE 5

Hebrews 1:1-4

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

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Daily Gratitude

TUESDAY, JUNE 6

Hebrews 1:5-9

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

WEDNESDAY, JUNE 7

Hebrews 1:10-14

☐ Scripture

☐ Observation ☐ Prayer

Additional Notes:

Daily Gratitude

THURSDAY, JUNE 8

Hebrews 2:1-4

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

FRIDAY, JUNE 9

Hebrews 2:5-9

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

[illegible]

Daily Gratitude

SATURDAY, JUNE 10

Reflection

As you reflect on the past week, spend time in silence asking these questions:

- *What stood out to me the most this week?*
- *Was there a consistent theme I noticed?*
- *How have I experienced God this week?*
- *What have I been praying for and have I received an answer to any of these prayers?*
- *Is there anything I should confess or bring before God?*

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SUNDAY, JUNE 11

Notes:

[illegible]

MONDAY, JUNE 12

Hebrews 2:10-18

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

TUESDAY, JUNE 13

Hebrews 3:1-6

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

[illegible]

Daily Gratitude

Hebrews 3:7-14

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[illegible]

Hebrews 3:15-19

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FRIDAY, JUNE 16

Hebrews 4:1-5

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

SATURDAY, JUNE 17

Reflection

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SUNDAY, JUNE 18

Notes:

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MONDAY, JUNE 19

Hebrews 4:6-11

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

TUESDAY, JUNE 20

Hebrews 4:12-13

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

Daily Gratitude

WEDNESDAY, JUNE 21

Hebrews 4:14-16

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

Daily Gratitude

THURSDAY, JUNE 22

Hebrews 5:1-6

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

FRIDAY, JUNE 23

Hebrews 5:7-10

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

[illegible]

Daily Gratitude

SATURDAY, JUNE 24

Reflection

As you reflect on the past week, spend time in silence asking these questions:

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SUNDAY, JUNE 25

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MONDAY, JUNE 26

Hebrews 5:11-14

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

[illegible]

Daily Gratitude

TUESDAY, JUNE 27

Hebrews 6:1-3

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

WEDNESDAY, JUNE 28

Hebrews 6:4-8

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

THURSDAY, JUNE 29

Hebrews 6:9-12

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

FRIDAY, JUNE 30

Hebrews 6:13-20

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

SATURDAY, JULY 1

Reflection

As you reflect on the past week, spend time in silence asking these questions:

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- *Was there a consistent theme I noticed?*
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SUNDAY, JULY 2

Notes:

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MONDAY, JULY 3

Hebrews 7:1-10

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

TUESDAY, JULY 4

Hebrews 7:11-17

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

Daily Gratitude

WEDNESDAY, JULY 5

Hebrews 7:18-25

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

[illegible]

Daily Gratitude

THURSDAY, JULY 6

Hebrews 7:26-28

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

FRIDAY, JULY 7

Hebrews 8:1-6

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

SATURDAY, JULY 8

Reflection

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SUNDAY, JULY 9

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MONDAY, JULY 10

Hebrews 8:7-10

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

TUESDAY, JULY 11

Hebrews 8:11-13

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

WEDNESDAY, JULY 12

Hebrews 9:1-10

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

Daily Gratitude

THURSDAY, JULY 13

Hebrews 9:11-14

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

FRIDAY, JULY 14

Hebrews 9:15-22

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

Daily Gratitude

SATURDAY, JULY 15

Reflection

As you reflect on the past week, spend time in silence asking these questions:

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SUNDAY, JULY 16

Notes:

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MONDAY, JULY 17

Hebrews 9:23-28

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

TUESDAY, JULY 18

Hebrews 10:1-18

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

Hebrews 10:19-25

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THURSDAY, JULY 20

Hebrews 10:26-39

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

[illegible]

Daily Gratitude

FRIDAY, JULY 21

Hebrews 11:1-12

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

SATURDAY, JULY 22

Reflection

As you reflect on the past week, spend time in silence asking these questions:

- *What stood out to me the most this week?*
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SUNDAY, JULY 23

Notes:

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MONDAY, JULY 24

Hebrews 11:13-28

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

TUESDAY, JULY 25

Hebrews 11:29-40

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

WEDNESDAY, JULY 26

Hebrews 12:1-3

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

Daily Gratitude

THURSDAY, JULY 27

Hebrews 12:4-13

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

FRIDAY, JULY 28

Hebrews 12:14-24

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

Daily Gratitude

SATURDAY, JULY 29

Reflection

As you reflect on the past week, spend time in silence asking these questions:

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SUNDAY, JULY 30

Notes:

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MONDAY, JULY 31

Hebrews 12:25-29

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

[illegible]

Daily Gratitude

TUESDAY, AUGUST 1

Hebrews 13:1-3

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

Daily Gratitude

WEDNESDAY, AUGUST 2

Hebrews 13:4-8

☐ Scripture

☐ Observation ☐ Prayer

Additional Notes:

[illegible]

Daily Gratitude

Hebrews 13:9-16

Additional Notes:

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FRIDAY, AUGUST 4

Hebrews 13:17-25

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

SATURDAY, AUGUST 5

Reflection

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SUNDAY, AUGUST 6

Notes:

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MONDAY, AUGUST 7

Matthew 5:1-6

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

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Daily Gratitude

Matthew 5:7-12

This image shows a full page of blank, lined paper. It features approximately 20 evenly spaced horizontal grey lines across its entire width, providing a guide for handwriting or typing. The paper itself is a clean, off-white color.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins or other markings on the paper.

WEDNESDAY, AUGUST 9

Matthew 5:13-16

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

Daily Gratitude

THURSDAY, AUGUST 10

Matthew 5:17-20

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

FRIDAY, AUGUST 11

Matthew 5:21-26

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

[illegible]

Daily Gratitude

SATURDAY, AUGUST 12

Reflection

As you reflect on the past week, spend time in silence asking these questions:

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SUNDAY, AUGUST 13

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MONDAY, AUGUST 14

Matthew 5:27-32

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

[illegible]

Daily Gratitude

Matthew 5:33-37

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins or other markings on the paper.

Matthew 5:38-42

Additional Notes:

[illegible]

Daily Gratitude

Matthew 5:43-45

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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FRIDAY, AUGUST 18

Matthew 5:46-48

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

SATURDAY, AUGUST 19

Reflection

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SUNDAY, AUGUST 20

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MONDAY, AUGUST 21

Matthew 6:1-4

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

TUESDAY, AUGUST 22

Matthew 6:5-6

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

[illegible]

Daily Gratitude

Matthew 6:7-8

Additional Notes:

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Matthew 6:9-15

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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FRIDAY, AUGUST 25

Matthew 6:16-18

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

[illegible]

Daily Gratitude

SATURDAY, AUGUST 26

Reflection

As you reflect on the past week, spend time in silence asking these questions:

- *What stood out to me the most this week?*
- *Was there a consistent theme I noticed?*
- *How have I experienced God this week?*
- *What have I been praying for and have I received an answer to any of these prayers?*
- *Is there anything I should confess or bring before God?*

Notes:

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on the right side, suggesting it's resting on a surface.

SUNDAY, AUGUST 27

Notes:

[illegible]

MONDAY, AUGUST 28

Matthew 6:19-21

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

Daily Gratitude

TUESDAY, AUGUST 29

Matthew 6:22-24

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

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Daily Gratitude

Matthew 6:25-27

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Matthew 6:28-32

[illegible]

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FRIDAY, SEPTEMBER 1

Matthew 6:33-34

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

SATURDAY, SEPTEMBER 2

Reflection

As you reflect on the past week, spend time in silence asking these questions:

- *What stood out to me the most this week?*
- *Was there a consistent theme I noticed?*
- *How have I experienced God this week?*
- *What have I been praying for and have I received an answer to any of these prayers?*
- *Is there anything I should confess or bring before God?*

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SUNDAY, SEPTEMBER 3

Notes:

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MONDAY, SEPTEMBER 4

Matthew 7:1-2

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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Daily Gratitude

Matthew 7:3-5

[illegible]

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WEDNESDAY, SEPTEMBER 6 ☐ Scripture ☐ Application
Matthew 7:6-8 ☐ Observation ☐ Prayer

WEDNESDAY, SEPTEMBER 6 ☐ Scripture ☐ Application
Matthew 7:6-8 ☐ Observation ☐ Prayer

WEDNESDAY, SEPTEMBER 6 ☐ Scripture ☐ Application
Matthew 7:6-8 ☐ Observation ☐ Prayer

WEDNESDAY, SEPTEMBER 6 ☐ Scripture ☐ Application
Matthew 7:6-8 ☐ Observation ☐ Prayer

Additional Notes:

Matthew 7:9-12

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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FRIDAY, SEPTEMBER 8

Matthew 7:13-14

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

Daily Gratitude

SATURDAY, SEPTEMBER 9

Reflection

As you reflect on the past week, spend time in silence asking these questions:

- *What stood out to me the most this week?*
- *Was there a consistent theme I noticed?*
- *How have I experienced God this week?*
- *What have I been praying for and have I received an answer to any of these prayers?*
- *Is there anything I should confess or bring before God?*

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SUNDAY, SEPTEMBER 10

Notes:

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Matthew 7:15-20

Additional Notes:

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Matthew 7:21-23

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

[illegible]

WEDNESDAY, SEPTEMBER 13 ☐ Scripture ☐ Application

Matthew 7:24-25

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

Daily Gratitude

Matthew 7:26-27

This image shows a full page of blank, lined paper. It features approximately 20 evenly spaced horizontal grey lines across its entire width, providing a guide for writing. The paper itself is white and has no other markings, text, or illustrations.

[illegible]

FRIDAY, SEPTEMBER 15

Matthew 7:28-29

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

Additional Notes:

[illegible]

Daily Gratitude

SATURDAY, SEPTEMBER 16

Reflection

As you reflect on the past week, spend time in silence asking these questions:

- *What stood out to me the most this week?*
- *Was there a consistent theme I noticed?*
- *How have I experienced God this week?*
- *What have I been praying for and have I received an answer to any of these prayers?*
- *Is there anything I should confess or bring before God?*

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SUNDAY, SEPTEMBER 17

Notes:

[illegible]

