

FORMATION

JANUARY - APRIL 2023

CHURCH
OF THE CITY

VISION

To see the fame & deeds of God renewed & known in our time.

MISSION

Practicing the way of Jesus.

PRESENCE OF GOD

We pursue the presence of God through individual & communal spiritual practices.

Psalm 16:11 & John 15:9

FORMATION OF PEOPLE

We pursue deep change through transformational discipleship focusing on growth & healing.

Romans 12:2 & 1 Peter 2:2

UNITY OF THE CHURCH

We pursue the unity of the church family across racial, political, generational & economic divides.

Psalm 133 & Mark 11:17

FLOURISHING OF THE CITY

We pursue the spiritual, social & cultural flourishing of our city.

Jeremiah 29:7 & 1 Timothy 6



Church of the City Family,

We are thrilled to intentionally study Scripture together as we practice the way of Jesus. Whether this is your first time using this journal or you have been with us since the start—it is our hope that this will allow us to pursue deep change through transformational discipleship.

“Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.” Romans 12:2

We’ve provided this Formation Journal as a 7-day experience to develop habits that will transform your life and we’ve been intentional with its layout to provide participation options both daily and weekly.

On the following pages, you will find helpful information on how to use each section, along with prompts that may be helpful before you head into the daily and weekly sections of this journal. We suggest you spend time reading through the different ways we hope will maximize your time in the study of God’s Word.

We can’t wait to see what God will do in this season of our church.

“Lord, I have heard of your fame; I stand in awe of your deeds, Lord. Renew them in our day, in our time make them known; in wrath remember mercy.”

H A B A K K U K 3 : 2

SUNDAY SERVICE PAGES

Space is provided for you to write down notes from each Sunday’s sermon and our hope is for these notes to prompt you to continue in reflection throughout the week. Additionally this will give you an opportunity to share what stood out to you with your family, friends, community group, or CORE group.

Questions for reflection after Sunday’s service:

Hear: What is God saying to me?

Obeys: What is He asking me to do?

When and who will I share this with?

SATURDAY PAGES

As you reflect on the past week, spend time in silence asking these questions:

What stood out to me the most this week?

Was there a consistent theme I noticed?

How have I experienced God this week?

What have I been praying for and have I received an answer to any of these prayers?

Is there anything I should confess or bring before God?

DAILY PAGES

Each week we have provided pages that are dedicated to daily devotionals. Monday through Friday, we will give a longer portion of Scripture to read through, but will also provide a suggested portion of that Scripture to soak in, observe, apply, and pray about. We will have corresponding video content from our Pastors that will match these days. If you would like to receive these videos daily in text form, text COTCDAILY to 855-615-6150.

When spending your time in the selected Scripture, we suggest that you use the acronym - “SOAP.” Read below to learn more about this method.

SCRIPTURE

Read slowly and thoughtfully through the passage.

Pick a verse or two that stood out to you and write it in your journal.

OBSERVATION

Write some observations about these verses. What is this passage or verse saying?

What does it reveal about God? About people? How is Christ revealed in this passage?

APPLICATION

Write a few sentences on how these verses apply to your life. Is there a truth about God that you want to focus on? Is there a promise to receive and thank God for? Is the Holy Spirit convicting you of something you need to do or stop doing in light of God’s truth?

PRAYER

Write out a prayer to God in response to this Scripture. This is a way to turn God’s Word to you back to Him. Be honest and express your heart to Him.

SUNDAY, JANUARY 1

Notes:

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MONDAY, JANUARY 2

Genesis 28:10-32

☐ Scripture

□ Application

□ Observation

□ Prayer

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TUESDAY, JANUARY 3

Exodus 3:1-4:17

☐ Scripture

□ Application

□ Observation

□ Prayer

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WEDNESDAY, JANUARY 4

Daniel 3

□ Scripture

□ Application

□ Observation

☐ Prayer

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THURSDAY, JANUARY 5 ☐ Scripture ☐ Application
 Psalm 139 ☐ Observation ☐ Prayer

[illegible]

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

- ☐ Application
- ☐ Prayer

[illegible]

□ Prayer

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FRIDAY, JANUARY 6

Matthew 3

☐ Scripture

□ Application

□ Observation

□ Prayer

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This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

SATURDAY, JANUARY 7

Reflection

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SUNDAY, JANUARY 8

Notes:

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MONDAY, JANUARY 9

I Peter 1

☐ Scripture

□ Application

□ Observation

□ Prayer

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TUESDAY, JANUARY 10

I Peter 2

☐ Scripture

□ Application

□ Observation

□ Prayer

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WEDNESDAY, JANUARY 11

I Peter 3

☐ Scripture

□ Application

□ Observation

□ Prayer

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THURSDAY, JANUARY 12 ☐ Scripture ☐ Application

I Peter 4 ☐ Observation ☐ Prayer

☐ Scripture ☐ Application

□ Application

☐ Observation ☐ Prayer

☐ Prayer

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FRIDAY, JANUARY 13

I Peter 5

☐ Scripture

□ Application

□ Observation

□ Prayer

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SATURDAY, JANUARY 14

Reflection

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SUNDAY, JANUARY 15

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MONDAY, JANUARY 16 ☐ Scripture ☐ Application
 John 17 ☐ Observation ☐ Prayer

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

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TUESDAY, JANUARY 17

Acts 4

☐ Scripture

□ Application

□ Observation

□ Prayer

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WEDNESDAY, JANUARY 18

Romans 12

☐ Scripture

□ Application

□ Observation

□ Prayer

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THURSDAY, JANUARY 19

1 Corinthians 1

☐ Scripture

□ Application

□ Observation

□ Prayer

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FRIDAY, JANUARY 20

Ephesians 4

☐ Scripture

□ Application

□ Observation

□ Prayer

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SATURDAY, JANUARY 21

Reflection

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SUNDAY, JANUARY 22

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MONDAY, JANUARY 23

I Timothy 4:7-8, Titus 2:11-15

☐ Scripture

□ Application

□ Observation

☐ Prayer

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TUESDAY, JANUARY 24

Phil. 4:10-13, Matt. 6:19-33

☐ Scripture

□ Application

□ Observation

□ Prayer

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WEDNESDAY, JANUARY 25

Luke 5:15-16, I Kings 19:11-13

□ Scripture

□ Application

□ Observation

□ Prayer

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THURSDAY, JANUARY 26

Matt 6:19-21, Matt 25:14-30

☐ Scripture

□ Application

□ Observation

□ Prayer

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FRIDAY, JANUARY 27

Psalm 119

☐ Scripture

□ Application

□ Observation

□ Prayer

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SATURDAY, JANUARY 28

Reflection

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SUNDAY, JANUARY 29

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MONDAY, JANUARY 30

Ruth 1:1-5, Psalm 105

☐ Scripture

□ Application

□ Observation

□ Prayer

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TUESDAY, JANUARY 31

Ruth 1:6-10, Psalm 106

☐ Scripture

□ Application

□ Observation

□ Prayer

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WEDNESDAY, FEBRUARY 1

Ruth 1:11-14, Psalm 107

□ Scripture

□ Application

□ Observation

□ Prayer

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THURSDAY, FEBRUARY 2

Ruth 1:15-18, Psalm 108

☐ Scripture

□ Application

□ Observation

□ Prayer

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FRIDAY, FEBRUARY 3

Ruth 1:19-22, Psalm 109

☐ Scripture

□ Application

□ Observation

□ Prayer

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SATURDAY, FEBRUARY 4

Reflection

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SUNDAY, FEBRUARY 5

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MONDAY, FEBRUARY 6

Ruth 2:1-3, Psalm 110

☐ Scripture

□ Application

□ Observation

□ Prayer

[illegible]

[illegible]

TUESDAY, FEBRUARY 7

Ruth 2:4-9, Psalm 111

☐ Scripture

□ Application

□ Observation

□ Prayer

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WEDNESDAY, FEBRUARY 8

Ruth 2:10-16, Psalm 112

☐ Scripture

□ Application

□ Observation

□ Prayer

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THURSDAY, FEBRUARY 9

Ruth 2:17-19, Psalm 113

☐ Scripture

□ Application

□ Observation

□ Prayer

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FRIDAY, FEBRUARY 10

Ruth 2:20-23, Psalm 114

☐ Scripture

□ Application

□ Observation

□ Prayer

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SATURDAY, FEBRUARY 11

Reflection

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SUNDAY, FEBRUARY 12

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MONDAY, FEBRUARY 13

Ruth 3:1-4, Psalm 115

☐ Scripture

□ Application

□ Observation

□ Prayer

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TUESDAY, FEBRUARY 14

Ruth 3:5-8, Psalm 116

☐ Scripture

□ Application

□ Observation

□ Prayer

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WEDNESDAY, FEBRUARY 15

Ruth 3:9-11, Psalm 117

□ Scripture

□ Application

□ Observation

□ Prayer

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THURSDAY, FEBRUARY 16

Ruth 3:12-14, Psalm 118

☐ Scripture

□ Application

□ Observation

☐ Prayer

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FRIDAY, FEBRUARY 17

Ruth 3:15-18, Psalm 120

☐ Scripture

□ Application

□ Observation

☐ Prayer

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SATURDAY, FEBRUARY 18

Reflection

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SUNDAY, FEBRUARY 19

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MONDAY, FEBRUARY 20

Ruth 4:1-4, Psalm 121

☐ Scripture

□ Application

□ Observation

□ Prayer

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TUESDAY, FEBRUARY 21

Ruth 4:5-8, Psalm 122

☐ Scripture

□ Application

□ Observation

☐ Prayer

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WEDNESDAY, FEBRUARY 22 ☐ Scripture ☐ Application

☐ Scripture

□ Application

Ruth 4:9-12, Psalm 123 ☐ Observation ☐ Prayer

☐ Observation ☐ Prayer

□ Prayer

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THURSDAY, FEBRUARY 23

Ruth 4:13-15, Psalm 124

☐ Scripture

□ Application

□ Observation

□ Prayer

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FRIDAY, FEBRUARY 24

Ruth 4:16-22, Psalm 125

☐ Scripture

□ Application

□ Observation

□ Prayer

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SATURDAY, FEBRUARY 25

Reflection

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- *Was there a consistent theme I noticed?*
- *How have I experienced God this week?*
- *What have I been praying for and have I received an answer to any of these prayers?*
- *Is there anything I should confess or bring before God?*

Notes:

[illegible]

SUNDAY, FEBRUARY 26

Notes:

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

MONDAY, FEBRUARY 27 ☐ Scripture ☐ Application

Matthew 9:10-17, Mark 2:15-22, Luke 5:27-32 ☐ Observation ☐ Prayer

☐ Scripture ☐ Application

□ Application

☐ Observation ☐ Prayer

☐ Prayer

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on the right side, suggesting it's resting on a surface.

TUESDAY, FEBRUARY 28

Psalm 126

☐ Scripture

□ Application

□ Observation

□ Prayer

This image shows a full page of blank, lined paper. It features approximately 20 evenly spaced horizontal blue or grey lines across its entire width, typical of notebook paper. There are no margins, text, or other markings on the page.

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WEDNESDAY, MARCH 1

Psalm 127

☐ Scripture

□ Application

□ Observation

□ Prayer

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THURSDAY, MARCH 2

Psalm 128

☐ Scripture

□ Application

□ Observation

□ Prayer

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FRIDAY, MARCH 3

Matthew 12:1-8, Mark 2:23-28, Luke 6:1-5

☐ Scripture

□ Application

□ Observation

□ Prayer

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

[illegible]

SATURDAY, MARCH 4

Reflection

As you reflect on the past week, spend time in silence asking these questions:

- *What stood out to me the most this week?*
- *Was there a consistent theme I noticed?*
- *How have I experienced God this week?*
- *What have I been praying for and have I received an answer to any of these prayers?*
- *Is there anything I should confess or bring before God?*

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SUNDAY, MARCH 5

Notes:

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MONDAY, MARCH 6

Luke 7:36-50

☐ Scripture

□ Application

□ Observation

□ Prayer

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[illegible]

TUESDAY, MARCH 7

Psalm 129

☐ Scripture

□ Application

□ Observation

□ Prayer

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WEDNESDAY, MARCH 8

Psalm 130

☐ Scripture

□ Application

□ Observation

□ Prayer

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THURSDAY, MARCH 9

Psalm 131

☐ Scripture

□ Application

□ Observation

□ Prayer

[illegible]

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FRIDAY, MARCH 10

Luke 19:1-10

☐ Scripture

□ Application

□ Observation

□ Prayer

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SATURDAY, MARCH 11

Reflection

As you reflect on the past week, spend time in silence asking these questions:

- *What stood out to me the most this week?*
- *Was there a consistent theme I noticed?*
- *How have I experienced God this week?*
- *What have I been praying for and have I received an answer to any of these prayers?*
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SUNDAY, MARCH 12

Notes:

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MONDAY, MARCH 13

Matthew 14:15-21, Mark 6:35-44

Luke 9:12-17, John 6:4-13

☐ Scripture ☐ Application

☐ Observation ☐ Prayer[illegible]

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

TUESDAY, MARCH 14

Psalm 132

☐ Scripture

□ Application

□ Observation

□ Prayer

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WEDNESDAY, MARCH 15 ☐ Scripture ☐ Application
 Psalm 133 ☐ Observation ☐ Prayer

[illegible]

☐ Scripture ☐ Application

□ Application

☐ Observation ☐ Prayer

☐ Prayer

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THURSDAY, MARCH 16

Psalm 134

☐ Scripture

□ Application

□ Observation

□ Prayer

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FRIDAY, MARCH 17

Matthew 15:1-20, Mark 7:1-23

☐ Scripture

□ Application

□ Observation

☐ Prayer

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SATURDAY, MARCH 18

Reflection

As you reflect on the past week, spend time in silence asking these questions:

- *What stood out to me the most this week?*
- *Was there a consistent theme I noticed?*
- *How have I experienced God this week?*
- *What have I been praying for and have I received an answer to any of these prayers?*
- *Is there anything I should confess or bring before God?*

Notes:

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SUNDAY, MARCH 19

Notes:

[illegible]

MONDAY, MARCH 20

Luke 10:38-42

☐ Scripture

□ Application

□ Observation

□ Prayer

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TUESDAY, MARCH 21

Psalm 135

☐ Scripture

□ Application

□ Observation

□ Prayer

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WEDNESDAY, MARCH 22

Psalm 136

☐ Scripture

□ Application

□ Observation

□ Prayer

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THURSDAY, MARCH 23

Psalm 137

☐ Scripture

□ Application

□ Observation

□ Prayer

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

[illegible]

FRIDAY, MARCH 24

Matthew 26:6-13, Mark 14:3-9, John 12:1-11

☐ Scripture

□ Application

□ Observation

□ Prayer

This image shows a single page of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

[illegible]

SATURDAY, MARCH 25

Reflection

As you reflect on the past week, spend time in silence asking these questions:

- *What stood out to me the most this week?*
- *Was there a consistent theme I noticed?*
- *How have I experienced God this week?*
- *What have I been praying for and have I received an answer to any of these prayers?*
- *Is there anything I should confess or bring before God?*

Notes:

[illegible]

SUNDAY, MARCH 26

Notes:

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MONDAY, MARCH 27

Luke 11:37-52

☐ Scripture

□ Application

□ Observation

□ Prayer

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TUESDAY, MARCH 28

Psalm 138

☐ Scripture

□ Application

□ Observation

□ Prayer

This image shows a full page of blank, lined paper. It features approximately 28 horizontal blue or grey lines spaced evenly apart, typical of notebook paper. The lines extend across the entire width of the page, leaving small margins at the top and bottom. There are no vertical lines, text, or other markings on the page.

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on the right side, suggesting it's resting on a surface.

WEDNESDAY, MARCH 29

Psalm 139

☐ Scripture

□ Application

□ Observation

□ Prayer

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

This image shows a full page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page, providing a template for handwriting practice. There are no margins, text, or other markings on the paper.

THURSDAY, MARCH 30

Psalm 140

☐ Scripture

□ Application

□ Observation

□ Prayer

[illegible]

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on the right side, suggesting it's resting on a surface.

FRIDAY, MARCH 31

John 2:1-11

☐ Scripture

□ Application

□ Observation

□ Prayer

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SATURDAY, APRIL 1

Reflection

As you reflect on the past week, spend time in silence asking these questions:

- *What stood out to me the most this week?*
- *Was there a consistent theme I noticed?*
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- *What have I been praying for and have I received an answer to any of these prayers?*
- *Is there anything I should confess or bring before God?*

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SUNDAY, APRIL 2

Notes:

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MONDAY, APRIL 3

Luke 14:1-24

☐ Scripture

□ Application

□ Observation

□ Prayer

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Psalm 141

□ Prayer

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slight shadow on the right side, suggesting it's resting on a surface.

WEDNESDAY, APRIL 5

Psalm 142

☐ Scripture

□ Application

□ Observation

□ Prayer

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THURSDAY, APRIL 6

Psalm 143

☐ Scripture

□ Application

□ Observation

□ Prayer

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FRIDAY, APRIL 7

☐ Scripture

□ Application

Matthew 26:26-29, Mark 14:22-25, Luke 22:17-38

□ Observation

☐ Prayer

[illegible]

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SATURDAY, APRIL 8

Reflection

As you reflect on the past week, spend time in silence asking these questions:

- *What stood out to me the most this week?*
- *Was there a consistent theme I noticed?*
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- *Is there anything I should confess or bring before God?*

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SUNDAY, APRIL 9

Notes:

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MONDAY, APRIL 10

Mark 16:12-13, Luke 24:13-35

☐ Scripture

□ Application

□ Observation

□ Prayer

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TUESDAY, APRIL 11

Psalm 144

☐ Scripture

□ Application

□ Observation

□ Prayer

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WEDNESDAY, APRIL 12

Psalm 145

☐ Scripture

□ Application

□ Observation

□ Prayer

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Psalm 146

☐ Observation ☐ PrayerThis image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

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FRIDAY, APRIL 14

Luke 15:1-7

☐ Scripture

□ Application

□ Observation

□ Prayer

[illegible]

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SATURDAY, APRIL 15

Reflection

As you reflect on the past week, spend time in silence asking these questions:

- *What stood out to me the most this week?*
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SUNDAY, APRIL 16

Notes:

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MONDAY, APRIL 17

Mark 16:14, Luke 24:36-43, John 20:19-25

☐ Scripture

□ Application

□ Observation

☐ Prayer

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TUESDAY, APRIL 18

Psalm 147

☐ Scripture

□ Application

□ Observation

□ Prayer

[illegible]

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WEDNESDAY, APRIL 19

Psalm 148

☐ Scripture

□ Application

□ Observation

☐ Prayer

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Psalm 149, 150

☐ Observation ☐ PrayerThis image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

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FRIDAY, APRIL 21

Matthew 15:32-38, Mark 8:1-9

☐ Scripture

□ Application

□ Observation

☐ Prayer

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SATURDAY, APRIL 22

Reflection

As you reflect on the past week, spend time in silence asking these questions:

- *What stood out to me the most this week?*
- *Was there a consistent theme I noticed?*
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SUNDAY, APRIL 23

Notes:

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MONDAY, APRIL 24

Lamentations 1

☐ Scripture

□ Application

□ Observation

□ Prayer

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Lamentations 2

☐ Observation ☐ PrayerThis image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

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WEDNESDAY, APRIL 26

Lamentations 3

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

☐ Observation ☐ PrayerThis image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

[illegible]

THURSDAY, APRIL 27

Lamentations 4

☐ Scripture

□ Application

□ Observation

□ Prayer

[illegible]

[illegible]

FRIDAY, APRIL 28

Lamentations 5

☐ Scripture ☐ Application

☐ Observation ☐ Prayer

[illegible]

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SATURDAY, APRIL 29

Reflection

As you reflect on the past week, spend time in silence asking these questions:

- *What stood out to me the most this week?*
- *Was there a consistent theme I noticed?*
- *How have I experienced God this week?*
- *What have I been praying for and have I received an answer to any of these prayers?*
- *Is there anything I should confess or bring before God?*

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SUNDAY, APRIL 30

Notes:

[illegible]

