

# COMMUNITY RESOURCE LIST

## ALL COUNTIES

<p><b>211</b> 615-279-1410 (alternate number) 800-318-9335 (alternate number)</p>	<p><a href="#">TN 211</a> (website)</p> <p><b>One of the easiest ways to get help is by dialing 2-1-1.</b> When you call, you'll get a real person, who is trained to help you sort out your needs and then give you phone numbers and addresses of the closest places where you can get help. 2-1-1 has a database of more than 10,000 health and human services programs, cross-referenced for all sorts of keywords. All calls are free and completely confidential. Hours vary by location.</p>
<p><b><u>NASHVILLE RESPONSE FUND</u></b> (United Way of Greater Nashville)</p>	<p><a href="#">United Way of Greater Nashville — COVID-19 Response Fund</a> (website)</p> <p>A continually updated resource detailing community resources, including the following: <b>financial assistance, food assistance, unemployment services, shut-offs and evictions, mental health, senior citizens, etc.</b></p>

## WILLIAMSON COUNTY SPECIFIC RESOURCES

<p><b><u>GRACEWORKS</u></b> 104 Southeast Parkway Franklin, TN 37064 (615) 794-9055</p>	<p><a href="#">GraceWorks Ministries</a> - (website)</p> <p>GraceWorks is a faith-based, grace driven, collaborative ministry dedicated to being a community resource in Williamson County and by helping people with food, rent, utilities, and other needs.</p>
<p><b><u>MIDCUMBERLAND COMMUNITY ACTION AGENCY</u></b>  129 West Fowlkes St, Ste. 136 Franklin, TN 37064 (615) 790-5786 or (615) 790-5789</p>	<p><a href="#">Mid-Cumberland Community Action Agency</a></p> <p><b>Emergency Services Program</b> (provides assistance through a one-time payment of a past due essential utility bill or rent/ mortgage), <b>Medical Support Program</b> (providing assistance to low-income households by helping to obtain the prescription and medical supplies needed), <b>LIHEAP</b> (provides one time energy assistance grant for households that meet income and residency requirements), &amp; <b>Case Management Programs</b> (to help clients to identify and overcome the barriers that prevent economic self-sufficiency).</p>

## DAVIDSON COUNTY SPECIFIC RESOURCES

<p><b><u>CATHOLIC CHARITIES</u></b>                  2806 McGavock Pike                  Nashville, TN 37214                  (615) 352-3087</p>	<p><a href="#">Catholic Charities</a> - (website)</p> <p>Catholic Charities may be able to offer supporting for the following needs: basic Needs, emergency assistance to help pay overdue rent, utilities, and mortgage, food assistance, financial literacy, housing stability services, emotional support, and job training or career advancement</p>
<p><b><u>NEEDLINK NASHVILLE</u></b>                  (615) 269-6835</p> <p><a href="https://www.needlink.org/">https://www.needlink.org/</a></p>	<p>NeedLink Nashville can provide short-term support, including assistance with utilities and housing. You must be a Davidson County resident or Nashville Electric Service customer. Priority is given to single-parent families, seniors and community members with disabilities. If you are 75 or older, medically homebound or unable to apply online, call 615.269.6835.</p>
<p><b><u>METRO ACTION COMMISSION</u></b>                  (615) 862-8860</p>	<p><a href="#">Action Commission Community Programs   Nashville.gov</a> - (website)</p> <p>Metro Action Commission can assist individuals who have lost wages over the past 60 days. Please call 615.862.8860 to make an appointment. You can also complete an application and mail it to 800 2nd Avenue North Nashville, TN 37201.</p>

## MAURY COUNTY SPECIFIC RESOURCES

<p><b><u>GOOD SAMARITAN</u></b>  <i>Located at the Family Center</i>                  921 S. Beckett St.                  Columbia, TN 38401                  (931) 388-3840</p>	<p><a href="#">Good Samaritan Program – The Family Center</a> - (website)</p> <p>The Family Center administers the Good Samaritan Program which helps pay <b>rent and utilities</b> for families in need. Financial assistance is provided on Tuesday and Thursday of each week. We also provide <b>assistance with medicine</b> through a partnership with Maury Regional Foundation. We also provide assistance with <b>eye exam and eyeglasses</b>. Eyeglass assistance is limited to 15 individuals per quarter.</p>
<p><b><u>THE WELL</u></b>                  5306 Main Street                  Spring Hill, TN 37174                  (615) 302-9355</p>	<p><a href="#">The Well   Spring Hill</a></p> <p>Open Tuesday - Thursday 10am-2pm, 6pm-8pm and Saturday, 10am-2pm.</p> <p>The Well offers <b>food pantry services</b> to anyone in need, no matter where they are from. Individuals and families can receive groceries up to twice a month. It is our commitment that we will seek to ensure we have the food resources available to serve anyone who comes. So please come to The Well if you are in need. We would love to meet you, hear your story and care for you and your family through our food services.</p>
<p><b><u>LOW INCOME HOUSING</u></b>                  (615) 302-935</p> <p>LowIncomeSupport@gmail.com</p>	<p><a href="#">Low Income Housing   Spring Hill</a></p> <p>Low Income Housing will search a radius area to find <b>lower income / affordable housing</b> in your area. You can also find a link for rent assistance.</p>

<p><b><u>NEED HELP PAYING BILLS</u></b></p>	<p><a href="#">Need Help Paying Bills</a></p> <p>Need Help Paying Bills helps with information &amp; resources for navigating today's challenging economy. Find out how to get financial assistance with <b>bills, housing, food, and emergency or long term help for basic needs</b>. There are local agencies near you, listed below by state or program type, as well as national organizations, including charities or government social services. Everything from <b>rent or utility bill assistance to food pantries, mortgage payment help, free health or dental clinics</b> and much more is listed.</p> <p>There are also free resources for saving money as well as work from home or job training programs. Also locate coupons, discount codes, and information on financial literacy.</p>
<p><b>SOUTH CENTRAL HUMAN RESOURCE AGENCY</b></p>	<p><a href="#">South Central Human Resource Agency</a> (SCHRA)</p> <p>At SCHRA, our mission is to help people of all ages within the south central region of TN to find social services and resources in their area. Our agency is comprised of experienced employees and dedicated volunteers that work in cooperation with local, state and national resources to provide needed services on a timely and cost-effective basis to those in need. We deliver a comprehensive collection of community and residential services designed to help people become or maintain self-sufficiency.</p>
<p><b>FOOD</b></p>	
<p><b><u>GRACEWORKS</u></b></p> <p>104 Southeast Parkway Franklin, TN 37064 (615) 794-9055</p> <p><a href="http://www.graceworksministries.net">www.graceworksministries.net</a></p>	<p>GraceWorks will conduct drive-through food distribution for anyone in need at their community resource center. Monday – Saturday from 9am to 12pm and Wednesdays from 4pm to 7pm.</p> <p>Families with school aged children can come once every 15 days while schools are closed. Families without school-aged children can come once every 30 days. We ask you to stay in your car and follow directions as you enter the parking lot to access your food. Please bring your ID.</p>
<p><b><u>ONE GEN AWAY</u></b> (615) 538-7413</p> <p><a href="http://www.onegenaway.com">www.onegenaway.com</a></p>	<p>Mobile Food Pantry. Visit <a href="https://www.onegenaway.com/mobile-pantry/">https://www.onegenaway.com/mobile-pantry/</a> for updates on dates, times and locations.</p> <p>OneGenAway works to bring fresh, healthy food directly to people in need by rescuing food seven days a week from local grocery stores and restaurants such as, Whole Foods, Costco, GFS, Publix, Outback Steakhouse, Aldi, and many others.</p>

<p><b><u>SECOND HARVEST FOOD BANK OF MIDDLE TN</u></b></p>	<p>Call (615) 837-2444 or visit <a href="https://www.secondharvestmidtn.org/get-help/">https://www.secondharvestmidtn.org/get-help/</a> for information of dates, times and locations of food distribution.</p>
<p><b>UNEMPLOYMENT</b></p>	
<p><b><u>TN DEPARTMENT OF LABOR AND WORKFORCE DEVELOPMENT</u></b></p>	<p><a href="https://www.tn.gov/workforce">https://www.tn.gov/workforce</a></p> <p>Unemployment info an application, job search, training, etc. Helpful updates on Twitter: <a href="https://twitter.com/Jobs4_TN">https://twitter.com/Jobs4_TN</a></p>
<p><b><u>TN DEPARTMENT OF HUMAN SERVICES</u></b></p>	<p><a href="https://www.tn.gov/humanservices">https://www.tn.gov/humanservices</a></p> <p>Emergency assistance, TANF, etc</p>
<p><b>MENTAL HEALTH RESOURCES</b></p>	
<p><b><u>CRISIS LINE</u></b> 615-244-7444</p>	<p>Free telephone counseling and support to anyone experiencing a crisis, 24 hours a day, 7 days a week. Crisis counselors assist callers struggling with thoughts of suicide, grief, depression, anxiety, domestic violence, divorce, parenting problems, addiction or serious mental illness.</p>